

What Kind of Implants Are Best for Me?



Healing and Implant Replacement

The healing depends on the type of skin of each individual, but in general, is minimal since the procedure is done around the areola or through a small incision in the belly button.

Exchanging Breast Implants

The breast implant exchange surgery is generally a simple surgery. This intervention not only is done to increase the breast size, but also to give it a pleasantly attractive shape. Usually, for the surprise of the patient, it hurts even less than the first surgery and in a short period of time, they are ready to return to their daily activities.



A New Body... A New You

Currently, the procedure is secure, fast and it doesn't interfere with your everyday life since the recovery time is short and the post op care are quite simple to follow.



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Breast Augmentation Realities & Myths

Acquiring breast implants is a simple procedure and one of the most common plastic surgeries.

The implants are prosthesis used to improve the esthetical appearance of the breasts. They could be used to increase the size of both breasts, improve the shape and contour of the body, to obtain symmetry between breasts, and also to reconstruct a breast after a mastectomy. Also, implants serve to fill up the space left after losing weight and after breast-feeding.

Every person has a different reason to get the procedure, but there is one common factor in every case: Increase your self-esteem and personal success.

Breast Augmentation: Reinvent Yourself the Safe Way



Pre-Op process

The procedure involves a pre-op check-up where the patient goes through a physical evaluation. The blood is tested and X-rays and EKG might be done. Also, pictures of the patient are taken during this time and they serve for evaluation purposes. The doctor then determines the best option for insertion and the appropriate size in relation to the rest of your frame. In the process, different alternatives are presented to the patient to achieve the best result. The fundamental decisions that the patient will have to take are the shape of the implant, the type of material and the area of insertion.

Types of Implants

Round Implants

With the round implants, the top part of the breast will look rounder. Ideal for people who are looking to accentuate their cleavage.



Anatomical Implants

The tear shape implants follow the natural lines of the body. This way you get a more natural shape of the breast. These type of implants are the most recommended for transsexuals.



Types of Implants Under the Surgeon's Guidelines

Silicone implants

These implants are enclosed in a resilient silicone capsule comprised by various layers and are filled with a cohesive silicone gel. Their consistency is very similar to the mammary tissue.

Saline Solution Implants

These implants are made out of a silicone capsule that is filled with a sterile saline liquid. The greatest advantage of these implants over the silicone ones are the safety. If a breakage or filtration is to happen, your body will easily absorb the saline solution that is basically salty water.

How are the implants inserted?

Periareolar (through the nipple)

An incision is performed around the areola that is the pigmented area around the nipple. The incision is performed around the border, where the lighter and darker tissue connect and disguise the scar.

Transumbilical (through the belly button)

Through a tiny incision inside the belly button a thin tunnel that reaches the breast is carved underneath the skin. This procedure is only done with saline implants which are introduced empty and they are filled once they have been placed behind the mammary tissue.

Myths About Breast Implants

Among the most popular myths about breast implants are the loss of sensitivity and not being able to breastfeed your child after placing the implants. Both myths are false. You will not lose sensitivity in your breast since the surgery does not damage the termination of the nipple. Many times the changes in sensitivity after the surgery are temporary, but almost never permanent. A woman can breastfeed her newborn without any complications because the implants are placed under the mammary glands which produce the mother's milk.



Surgery and Post Op Care

The intervention is done under general anesthesia and lasts anywhere between 60 and 120 minutes, depending on each individual case. After it is done, the patient is wrapped in a bandage that has to be kept for 24 hours. It is recommendable to maintain a relative



rest over the post op process. Afterwards, the patient will require to wear a special brassiere for anywhere between one or two weeks.