

What is Acne and How to Cure it



Dr. Daniel's Laser Treatment



Today, thanks to the advent of the laser we are able to successfully attack acne. The **Smooth Beam Laser**, eliminates the inflammation of the sebaceous glands, as well as killing the bacteria that produce the infection, diminishes the greasiness

of the skin and helps the pores close.

Chemical Peeling helps penetrate deeper into the skin eliminating dead cells, enhancing its cleanness and complements the laser treatment.

The **Matrix RF** (radiofrequency) and the **Matrix CO2** (carbon dioxide) promote the rejuvenation of the skin by giving birth to new and healthy skin. It repairs and produces collagen, helping to decrease superficial scars. The treatment is very successful thanks to the combination of these lasers, the peeling, the creams, the antibiotics and a healthy nutrition.



The Treatment Has a Double Action

- ☑ It kills the bacteria that produces acne and dries up the sebaceous glands. Eliminates the infection, dries the skin and diminishes the size of the pores. People with oily skin obtain great results out of this procedure.
- ☑ It stretches the skin by concentrating the collagen, making the skin appear rejuvenated and fresh. Deep scars do not disappear, but thanks to the collagen, its texture smoothes. The texture of the skin improves greatly in most of the patients.

Everything is Possible with Dr. Daniel!



BEFORE



AFTER



BEFORE



AFTER



ANTES



DESPUÉS



Bye-Bye Acne

What is Acne?

Acne is a skin condition that produces pimples filled with pus. In some cases acne also comes with black/white heads and skin blemishes. This can unfortunately leave permanent scars on the skin lowering ones self esteem. Acne is very common during the adolescence but it also may occur in adulthood. Acne's main cause is the excessive secretion of oil from the sebaceous glands as a consequence of hormonal changes (testosterone). The excessive secretion of the sebaceous glands clogs the pores together with the dead cells. Then, the pore widens, gets infected and the pimple fills up with pus. When the pimple ruptures, it leaves behind a scar which could be permanent. This condition can be aggravated by stress. Also, in Dr. Daniel's experience, breakouts may also increase by ingesting fried food, chocolate and spicy food.

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Dr. Daniel's® Acne Treatment



Why some people suffer from acne while others don't?

- Hormonal activity. Hormonal changes caused by puberty, the menstrual cycle, birth control and stress.
- Discharges of the suprarenal glands
- Accumulation of dead cells on the skin.

- Bacteria clogging pores and generating pus.
- Scratching a cutaneous irritation or rash activates, increases and widens the inflammation.

What are the symptoms?

- Cysts (red patches)
- Papules (small red bumps)
- Redness around skin eruption
- White heads
- Skin scarring
- Pimples (papules filled with pus)

How is acne cured?

Acne can be successfully treated by a combined treatment in almost every person.

1. Laser is the base of the treatment
2. The Application of Dr. Daniel's Day and Night creams
3. Oral antibiotics (in some cases)
4. The right nutrition without fried food, fast food, hamburgers, tacos, hotdogs, pizza, chocolate or spicy food (chilies)
5. Self determination, willpower and perseverance in order to improve your skin condition, your self esteem and then enjoy life!



Deep Cleanser

Gently wash your face with Dr. Daniel's deep cleanser, twice a day. As soon as you wake up and right before bedtime.

For those who workout it would be ideal to wash your skin also before and after.

When to use: Day and Night



Sun Block

Always before leaving the house, apply Dr. Daniel's sun block which contains zinc oxide and titanium dioxide to protect your face from the harmful A and B ultraviolet rays.

This step is very important to avoid blemishing your skin and to prevent even skin cancer.

When to use: Day



Collagen Cream

This facial cream is hydrating, nourishing, repairing and active as an antioxidant due to the collagen, vitamin E and aloe vera. This product is a great tool for any

person who wants to keep their skin healthy, fresh and beautiful.

When to use: Day (Repeatedly)



Anti-Infection Gel

This gel is used on pimples that are surfacing the skin. You apply the gel with a Q-tip over the pimples.

This is ideal to apply in the morning but nonetheless, it can be used

throughout the day as well. This is a perfect tool to decrease the bacteria from the skin.

When to use: Morning and during the day, up to 3 times a day (with doctor's prescription)

Complete Replenishment



Rejuvenating Cream

Eliminates the layer of dead skin, grease and rejuvenates. Apply over the whole face, with the exception of eyelids and lips. Contains retinoic acid 0.1%. This helps diminishing wrinkles that appear from excessive sun exposure. (with doctor's prescription)

When to use: Night only



Anti Dark Brown and/or Black Spots Cream

This cream is ideal to decrease dark spots on the skin caused by the ravages of the sun rays and acne. Contains hydroquinone 4%

(with doctor's prescription)

When to use: Night only



Melasma Skin Cream

This cream is a stronger version of the anti spot cream for extremely dark brown or black spots. A thin layer is applied over the dark blemish and may only be used at night due to its strong

ingredients. (with doctor's prescription)

When to use: Night only



Anti Dark Circles Under the Eyes Cream

This cream diminishes the appearance of dark circles under the eyes with anti-inflammatory, nourishing, antioxidant and anti dark spots substances. It attacks the dark circles components achieving a younger and fresher

appearance on the morning.

When to use: Night only